Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS Carbs: 45
* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
Cheese Hoagie MS/HS Carbs: 43	Tacos Carbs: 20	Cheese Hoagie MS/HS Carbs: 43	Cheese Hoagie MS/HS Carbs: 43	Cheese Hoagie MS/HS Carbs: 43
* Soybeans, Wheat	* Soybeans	* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat
APPETIZER, CHEESE MOZZARELLA BREADED	Cheese Hoagie MS/HS Carbs: 43	Rainbow Chopped Salad Carbs: 96	Rainbow Chopped Salad Carbs: 96	Rainbow Chopped Salad Carbs: 96
WHOLE GRAIN STICK .76 O	* Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat
Carbs: 14  * Milk, Wheat	Rainbow Chopped Salad			
ivilik, vvrieat 	Carbs: 96 * Milk, Soybeans, Eggs,	Chicken Caesar Wrap Carbs: 52	Chicken Caesar Wrap Carbs: 52	Chicken Caesar Wrap Carbs: 52
Chicken Caesar Wrap Carbs: 52	Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat
* Milk, Fish, Soybeans,	Chicken Caesar Wrap			
Eggs, Wheat	Carbs: 52	Italian Hoagie MS/HS	Chicken and Waffles HS	Italian Hoagie MS/HS
	* Milk, Fish, Soybeans,	Carbs: 49	Carbs: 27	Carbs: 49
Italian Hoagie MS/HS Carbs: 49	Eggs, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Wheat
* Milk, Soybeans, Wheat				
	Italian Hoagie MS/HS Carbs: 49	Chicken Patty Carbs: 37	Italian Hoagie MS/HS	Chicken Patty Carbs: 37
Chicken Patty	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	Carbs: 49	* Milk, Soybeans, Wheat
Carbs: 37			* Milk, Soybeans, Wheat	
* Milk, Soybeans, Wheat	Chicken Patty	Bacon Cheeseburger		Spicy Chicken Patty HS
	Carbs: 37	Carbs: 30	Chicken Patty	Carbs: 41
Spicy Chicken Patty HS Carbs: 41	* Milk, Soybeans, Wheat	* Soybeans, Wheat	Carbs: 37 * Milk, Soybeans, Wheat	* Soybeans, Wheat
* Soybeans, Wheat				
	Spicy Chicken Patty HS  Carbs: 41	Spicy Chicken Patty HS Carbs: 41	Spicy Chicken Patty HS	Jake's Pizza * Milk, Soybeans, Wheat
Roasted Pear Salad with	* Soybeans, Wheat	* Soybeans, Wheat	Carbs: 41	ivilik, Soybeans, Wheat
Chicken and Cheddar			* Soybeans, Wheat	
Carbs: 48	Roasted Pear Salad with	Roasted Pear Salad with		Roasted Pear Salad with Chicken and Cheddar
* Milk, Soybeans, Eggs, Wheat	Chicken and Cheddar  Carbs: 48	Chicken and Cheddar  Carbs: 48	Roasted Pear Salad with Chicken and Cheddar	Carbs: 48  * Milk, Soybeans, Eggs,
	* Milk, Soybeans, Eggs,	* Milk, Soybeans, Eggs,	Carbs: 48	Wheat
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT	Wheat	Wheat	* Milk, Soybeans, Eggs, Wheat	
BUTTER AND GRAPE TWP			vvileat	SMUCKER 5.3 OZ
Carbs: 64	SMUCKER 5.3 OZ	SMUCKER 5.3 OZ		UNCRUSTABLE PEANUT
* Peanuts, Wheat	UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP		BUTTER AND GRAPE TWP Carbs: 64
	Carbs: 64	Carbs: 64		* Peanuts, Wheat
	* Peanuts, Wheat	* Peanuts, Wheat		

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat
Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Chicken Patty HS 9/10 w/Kaiser Carbs: 36 * Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat
Sides	Sides	Sides		Sides
SAUCE, MARINARA TOMATO CAN TWP Carbs: 9		Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat	Cheeseburger Carbs: 31 * Milk, Soybeans, Wheat	Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat
Italian Green Beans HS			Sides	
Carbs: 6	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Mashed Sweet Potatoes HS  Carbs: 57	Chickpea Salad Carbs: 8
Peanut Butter and Graham Cracker Carbs: 22 * Peanuts, Soybeans, Wheat	Mexicali Corn TWP  Carbs: 26  * Wheat	Celery, Raw, Sticks Carbs: 1	Peanut Butter and Graham Cracker Carbs: 22	Carrots, Baby, Fresh, Individually Wrapped <i>Carbs:</i> 6
 Rainbow Chopped Salad		 Pears, Diced, Extra Light	* Peanuts, Soybeans, Wheat	 Apple Pie Fruit Salad
Carbs: 96  * Milk, Soybeans, Eggs, Wheat	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Syrup, Canned TWP Carbs: 16	Carrots & Celery  Carbs: 8	Carbs: 19
vvii <del>c</del> at				Romaine Boats
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Baked Bean Supreme Carbs: 47	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Carbs: 11 * Soybeans, Wheat
		HUMMUS, PLAIN TUB REF TWP		HUMMUS, PLAIN TUB REF TWP
APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14	Black Bean and Corn Salad Carbs: 37	Carbs: 5 Assorted Fresh Fruit	Strawberries with Whipped Topping Carbs: 40 * Milk	Carbs: 5 Assorted Fresh Fruit
	HUMMUS, PLAIN TUB REF			
Cucumber Slices Carbs: 1	TWP Carbs: 5		HUMMUS, PLAIN TUB REF TWP	
	Assorted Fresh Fruit		Carbs: 5	
			Assorted Fresh Fruit	

Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Milk	Milk	Milk	Milk
HUMMUS, PLAIN TUB REF TWP Carbs: 5	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Assorted Fresh Fruit	Milk, Strawberry, Fat Free Carbs: 34			
Milk Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Strawberry, Fat Free Carbs: 34 Milk, Low-fat (1%), With Added Vitamin A and				

Vitamin D Carbs: 12 \* Milk